

Scientific Workshop 20

Social prescribing with Occupational Therapy ～Empowering new health system: Cultivating Progress Through Our Initiatives～

Date & Time: 2024/11/8 13:30-15:00

Venue: Venue 9 (2F 206)

Estimated capacity: 30

Lecturer:

Naoto Kiguchi (Ibaraki Prefectural University of Health Sciences)

Izumi Oki (West Suffolk HNS foundation Early Intervention Team)

Sawako Saito (Ibaraki Prefectural University of Health Sciences)

Kenta Nomura (Mejiro University)

Ikue Sanada (Ibaraki Prefectural University of Health Sciences)

Yuka Takasaki (Ibaraki Prefectural University of Health Sciences)

Learning Objectives

- Understand the outline and current situation of social prescription
- Learn about the role and position of occupational therapists in social prescription
- Reconsider daily practice through the lens of Social Prescribing
- Obtain a perspective on implementation in each community

Outline

Social prescribing, which utilizes non-medical resources within a community to support health, has garnered global attention. Occupational therapists have historically engaged in support similar to social prescribing, and there is an expectation for occupational therapists to take a leadership role within this new system. This workshop aims to explore the current state of social prescribing and practical examples within occupational therapy. Group work will focus on strategies for leveraging community resources to progress intervention within each community.