

Scientific Workshop 18

Advancing OT practice in the mental health field: How to develop evidence-based occupation focused interventions

Date & Time: 2024/11/8 11:00-12:30

Venue: Venue 10 (2F 207)

Estimated capacity: 35

Lecturer:

Hikari Isaji (Occupational Therapy Sciences, Prevention & Rehabilitation Sciences Course, Department of Integrated Health Sciences, Graduate School of Medicine, Nagoya University)

Aiko Hoshino (Occupational Therapy Sciences, Prevention & Rehabilitation Sciences Course, Department of Integrated Health Sciences, Graduate School of Medicine, Nagoya University)

Terry Krupa (School of Rehabilitation Therapy, Faculty of Health Science, Queen's University)

Shu-Ping Chen (Department of Occupational Therapy, Faculty of Rehabilitation Medicine, College of Health Sciences, University of Alberta)

Takeshi Matsumoto (Occupational Therapy Sciences, Prevention & Rehabilitation Sciences Course, Department of Integrated Health Sciences, Graduate School of Medicine, Nagoya University)

Learning Objectives

The objective of this workshop is to learn and explore essential occupational therapy skills, competencies, and strategies required to build evidence of occupation-based intervention for PSMI.

Outline

The activities of people with serious mental illness (PSMI) are limited, and they are less satisfied with their activities. Occupation-based interventions created or implemented by occupational therapists demonstrate better occupational performance and health outcomes than treatment as usual. However, occupation-based interventions are highly individualized, and the process of assessing and developing meaningful activities for each client is complex. Therefore, building evidence for occupation-based interventions is challenging. Understanding the necessary skills, theories, and methodologies is important.

Despite the growing mental health needs in Asia, psychiatric services and resources remain limited and occupation-based interventions are scarce. The members researching Action Over Inertia, an occupation-based practice, will discuss core principles and strategies to develop complex interventions. This workshop is mainly organized by Japanese graduate students and Canadian / Japanese researchers. Don't worry if you're not confident in English. We will use various translation systems and provide support. Please feel free to join!!