

## Scientific Workshop 16

### Clinical competency in empowering sexuality and intimacy for adults with physical disability / chronic illness

**Date & Time:** 2024/11/8 11:00-12:30

**Venue:** Venue 8 (2F 201+202)

**Estimated capacity:** 40

**Lecturer:**

Jonathan Wong (Department of Obstetrics & Gynaecology, Prince of Wales Hospital, Hong Kong)

### Learning Objectives

- Articulate the health benefits of sexual intimacy
- Gain understanding about the impacts of physical disability / chronic illness on sexual function and self-esteem
- Apply sexual medicine and psychology of sexual intimacy in screening, assessment and intervention
- Identify the related clinical and professional reasoning in sexuality savvy occupational therapy
- Adopt critical appraisal of imported concepts to design culturally competent service
- Start interviewing patients and their partners about sexual intimacy with skills and confidence
- Recognize when to make appropriate referrals to other healthcare providers
- Acquire a resource guide for training opportunities, service development and professional support groups

### Outline

In line with the World Health Organization (WHO)'s efforts in affirming sexual and reproductive health as the essential components of holistic health, the international occupational therapy community is active in developing sexuality savvy practice. "Sexual Activity" under "Activities of Daily Living" and "Intimate Partner Relationships" under "Social Participation" are adopted as personally and socially meaningful occupations in the updated "Occupational Therapy Framework: Domain and Process". Moreover, the Occupational Therapy Sexual Assessment Framework developed by the University of Indianapolis offers the theoretical foundation to guide performance measurement. However, empirical studies consistently found that the big majority of healthcare professionals remained silent on sexuality-related issues. WHO highlighted the shortage of sexual function intervention, psychosexual counseling and the related service training. To help fulfilling this unmet need, the speaker has designed the upcoming workshop to build the required clinical competency for OT starters.