

Scientific Workshop 12

Bringing Out the OT-self in Developing Therapeutic Relationship with Special Needs Children

Date & Time: 2024/11/7 15:30-17:00

Venue: Venue 10 (2F 207)

Estimated capacity: 50

Lecturer:

Erayanti Saloko (Occupational Therapy Department, The Health Polytechnic of Surakarta, Indonesia)

Yuko Ito (Department of Occupational Therapy, Graduate School of Human Health Sciences, Tokyo Metropolitan University, Japan)

Ryuji Kobayashi (Department of Occupational Therapy, School of Rehabilitation, Hyogo Medical University, Japan)

Learning Objectives

For this 90-minute scientific workshop, we aim to:

1. Discuss the rationale of developing therapeutic relationship with children
2. Defining OT-self as therapeutic agent for children
3. Rehearsing the strategies to approach children within therapeutic modes

Outline

Therapeutic relationship is an essential and effective in the intervention process (Asay & Lambert, 1999; Taylor, 2008; Saloko, 2021). Human therapeutic engagement is believed to be the basis of later development of occupational engagement in children (Saloko et al, 2021). Therefore, it is necessary for occupational therapists to understand and intentionally utilizing the therapeutic relationship to achieve positive outcomes in occupational therapy. It forms the foundation for client-centered care, facilitates progress and recovery, enables effective communication, enhances engagement, and provides essential emotional support to clients throughout their therapeutic journey.

Initiating and developing therapeutic relationship with special need children requires particular details. Therefore, learning how to bring out the therapeutic use of self is crucial for special need children intervention.