

Scientific Workshop 11

Exploring Personal Narratives in Occupational Therapy Practice and Education: An Introduction to Playback Theatre

Date & Time: 2024/11/7 15:30-17:00

Venue: Venue 9 (2F 206)

Estimated capacity: 50

Lecturer:

Aki Komori (Home-visit Nursing Service Yurarin)

Hiromi Yoshikawa (Prefectural University of Hiroshima)

Chikako Koyama (Prefectural University of Hiroshima)

Masayuki Takagi (Prefectural University of Hiroshima)

Orita Yasushi (Prefectural University of Hiroshima)

Yuya Nakagoshi (Osaka Kawasaki Rehabilitation University)

Hiroko Osafune (Yokohama East Area Habilitation Center for Children)

Learning Objectives

This workshop aims to provide an introduction to PBT as a tool to facilitate the exchange of personal narratives among occupational therapy practitioners and educators.

Outline

The centerpiece of the workshop is a performance of Playback Theatre (PBT) presented by authors. PBT offers an innovative improvisational theatre format in which audience members share personal stories from their lives, which are then performed on the spot. PBT promotes empathic understanding, self-reflection, and connection among individuals and has been utilized in various fields, including occupational therapy education, child care, anti-bullying, reconstruction support, and gender equality initiatives. Participants of this workshop will engage as an audience and share personal stories related to their experiences in occupational therapy practice and education with one another. The field of occupational therapy emphasizes the importance of attending to the personal narratives and perspectives of clients. However, the demands of clinical tasks and limited time can hinder effective communication and understanding. This workshop provides an opportunity to engage with personal stories and gain new insights. The workshop includes a period of reflection and discussion.