

Scientific Workshop 10

Occupational Therapist as an Occupation Prescriber for Community Dwelling Older People

Date & Time: 2024/11/7 13:30-15:00

Venue: Venue 10 (2F 207)

Estimated capacity: 40

Lecturer:

Tengku Mohd Asri Tengku Makhtar (Putrajaya Health Clinic, Ministry of Health Malaysia)

Harnisha Haidhir (Seremban Health Clinic, Ministry of Health Malaysia)

Rejina Maniam (Sarawak Cardiac Centre, Ministry of Health Malaysia)

Learning Objectives

- i. Identify the occupational needs and priorities of community-dwelling older adults using the "My Needs and Priorities" tool.
- ii. Prescribe personalized occupations for community-dwelling older adults using the "WeCare Pyramid Activity Prescription" tool.
- iii. Apply knowledge gained from the workshop through interactive activities and role-playing real-life scenarios of working with older adults in the community.

Outline

The workshop "Occupational Therapist as an Occupation Prescriber for Community Dwelling Older People" aims to equip occupational therapists with skills to identify needs and priorities in occupational engagement and prescribe personalized occupations for older adults. It will utilize two tools - "My Needs and Priorities" and "WeCare Pyramid Activity Prescription." A 20-minute introduction will explain occupational engagement and the tools. Hands-on sessions will follow, 30 minutes for each tool. Participants will have 10 minutes of discussion and reflection. Interactive activities and role-playing will allow practice of real-life scenarios. The target audience is occupational therapists serving community dwelling older people. The goal is enhancing skills in identifying needs and priorities of older adults and prescribing personalized occupations to promote engagement in meaningful activities.